



The Navajo Nation
Office of the President and Vice President

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Over three-day period, 81 new cases and two deaths related to COVID-19 reported, 33 communities identified with uncontrolled spread

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 81 new COVID-19 cases for the Navajo Nation and two deaths over a three-day period from September 10 - 12. The total number of deaths is now 1,893. 593,339 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 73,177, including three delayed reported cases.

Based on cases from August 26 – September 8, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 33 communities due to uncontrolled spread of COVID-19:

Bread Springs	Ganado	Lupton	Pinon	St. Michaels
Cameron	Houck	Manuelito	Red Lake	Tachee/Blue Gap
Chichiltah	Indian Wells	Many Farms	Rock Springs	Teecnospos
Chinle	Iyanbito	Mexican Springs	Round Rock	Tohatchi
Churchrock	Kayenta	Nahatadzil	Shiprock	Tuba City
Coyote Canyon	Low Mountain	Naschitti	Shonto	Upper Fruitland
Fort Defiance	Lukachukai	Newcomb		

“If you’ve attended a large gathering or have spent time with individuals outside your immediate household, it’s important to begin closely monitoring your overall health for COVID-19 symptoms. If you begin to feel ill, you should test and isolate yourself from others to avoid the spread of COVID-19. Overall, continue to wear a mask, wash your hands, and watch your distance. Have a safe week,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“During the pandemic, anxiety and depression increased worldwide so it is important to comfort, guide, and pray for one another. Supporting each other can help us heal and recover,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

September 12, 2022

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 95 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates August 26 – September 8, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Bread Springs	Ganado	Lupton	Pinon	St. Michaels
Cameron	Houck	Manuelito	Red Lake	Tachee/Blue Gap
Chichiltah	Indian Wells	Many Farms	Rock Springs	Tecnospos
Chinle	Iyanbito	Mexican Springs	Round Rock	Tohatchi
Churchrock	Kayenta	Nahatadziil	Shiprock	Tuba City
Coyote Canyon	Low Mountain	Naschitti	Shonto	Upper Fruitland
Fort Defiance	Lukachukai	Newcomb		

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness <ul style="list-style-type: none">• Older Adults• Cancer• Chronic kidney disease• Chronic obstructive pulmonary disease• Heart conditions• Immunocompromised state• Obesity and severe obesity• Pregnancy• Sickle cell disease• Smoking• Type 2 diabetes mellitus	Might be at Increased Risk for Severe Illness <ul style="list-style-type: none">• Asthma• Cerebrovascular disease• Cystic fibrosis• Hypertension or high blood pressure• Immunocompromised state• Neurologic conditions, such as dementia• Liver disease• Overweight• Pulmonary fibrosis• Thalassemia• Type 1 diabetes mellitus
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.

- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.